FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) (First) (Middle) 25 HENDRIX ROAD, SUITE A	12/0	1/202		ransactio	on (Month	n/Day/	Year)			X	Director			10% Ov	mor I
	4. If A	mend		3. Date of Earliest Transaction (Month/Day/Year) 12/01/2022							Officer (gi below)		10% Owner Other (specify below) xecutive VP		·
(Street) WEST HENRIETTA NY 14586	_	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Indiv	idual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				,	
(City) (State) (Zip)															
Table I - Non-D	Derivative	e Se	curitie	s Acqı	uired, [Disp	osed of,	or B	enefic	ally Ow	ned				
Date	Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Disposed Code (Instr.		ties Acquired (A) or I Of (D) (Instr. 3, 4 and			5. Amount Securities Beneficially Following F Transaction	y Owned Reported	Form:	nership Direct (D) irect (I) 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount		A) or D)	Price	(Instr. 3 and 4)				(111311.4)
Common Stock 1:	12/01/2022				P		2,500		Α	\$4.1684	1,159,705			D ⁽¹⁾	
Common Stock 1:	12/01/2022				P		2,500		A	\$4.1884	1,162,205			D ⁽¹⁾	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3) 2. Conversion Date Size (Month/Day/Year) 2. Transaction Date Execution Date, if any (Month/Day/Year) (Month/Day/Year)	Code (In	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Securities Underl Derivative Securi (Instr. 3 and 4)		erlying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Explanation of Responses:	Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	0	mount r umber f Shares	(Instr. 4)		oii(s)	11(5)	

1. Includes 7,000 shares held by Mr. Russell's wife and the remainder held directly by Mr. Russell.

/s/ Grant Russell

12/01/2022

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).