FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPRO	VAL
OMB	3235-
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burden hours pe	
response	0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *- MCCRACKAN MICHAEL EDWARDS (Last) (First) (Middle) 2166 BRIGHTON HENRIETTA TOWNLINE ROAD	2. Date of Eve Statement (Month/Day/ 04/30/2012	Year)	Vu 4. F	Relationshi	ip of Rep	I] porting		5. If Amer	ndment, Date Original
ROCHESTER, NY 14623			title	C Officer (g below) Vice Presi	belov	Other (specify	Filing(Chec _X_ Form file	nal or Joint/Group k Applicable Line) ed by One Reporting Person ed by More than One rson
(City) (State) (Zip)		Table I -	Non-	Derivati	ive Sec	uritie	s Ben	eficially (Owned
Reminder: Report on a separate line for ea Persons who res required to respond number.	pond to the o	collection o	cially of info	ed owned dir	contair	ship Direct t (I) 5) indirect	Owner (Instr.	rship 5)	SEC 1473 (7-02)
Table II - Derivative Securi	ties Beneficiall	y Owned (e.	.g., pt	ıts, calls,	warrant	ts, opti	ons, co	onvertible s	securities)
(Instr. 4) Expirat	Exercisable an ion Date Day/Year)	Secur	rities U	Amount of Jnderlying Security	Co or Pr	onversion Exercise Fice of	se Fo	wnership orm of erivative	6. Nature of Indirect Beneficial Ownership (Instr. 5)
Date Exercis	Expirati able Date	Title		Amount of Number of Shares	or Se	erivativecurity	D on (I	ecurity: irect (D) Indirect nstr. 5)	
Options 02/18/	/2011 02/18/	Com Stoc	mon k	13,333	\$	11.25		D	

Reporting Owners

Reporting Owner Name / Address			Relationships	
Reporting Owner Name / Nutress	Director	10% Owner	Officer	Other
MCCRACKAN MICHAEL EDWARDS 2166 BRIGHTON HENRIETTA TOWNLINE ROAD ROCHESTER, NY 14623			Vice President of Operations	

Signatures

/s/ Michael McCracka	09/16/2013
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, See Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.